

Appendix 1 Case Studies

Case study 1:

A Hoarding tendencies case study

A 71 year old gentleman who lives alone was in Deeside Hospital unable to be discharged due to his home circumstances as he was unable to move around the property with a Zimmer frame or on sticks due to clutter.

The client was offered temporary accommodation with Local Authority which he declined and chose temporary residential care option fully self funded. A quote was obtained to de-clutter the property and a contract was drawn up with the client and family member for the works to be completed. The property was cleared enough for a technical survey of the property.

Some more clearing is required in the property for any works to be started. A survey of defects and deficiencies has been conducted and discussed with the client. He is now considering his options of re-housing or renovation of his home. We are supporting him to find the best choice for his health and circumstances, looking at the private rented and council sector.

The client has received 10 casework visits, 2 Technical Officer visits, and contractor visits. He has stated that without the support of the Hoarding Caseworker he would not have achieved the clearance or essential housing maintenance to ensure the property was warm, safe and secure. He is now feeling more confident and wants to engage into society.



Before and After



Case Study 2

A life changing experience:

After her husband died Mrs B moved from her family home to a high rise 12th floor council flat. Her health and mobility deteriorated leaving her feeling isolated with a fear of lifts and she became disorientated looking out of the window. Mrs B often called the care link service to be reassured someone was there.

Mrs B had had a number of hospital admissions, most recently after falling and lying on the floor for 3 days having forgotten how to use her care link. On this occasion she was adamant she was not returning to her flat and had decided to fund a placement in a residential care home.

It was arranged that Mrs B have a period of time in an intermediate care step up / step down bed placement which would enable her long term care needs to be assessed. During the first few days of the placement Mrs B and her family announced they had secured a private residential care home placement and they made it clear she would not return to her high rise flat.

The occupational therapist carried out assessments and interventions that determined Mrs B had Reablement potential. Together with holistic assessment and case management by the social worker, this brought about number of concerns including

- Mrs B did not meet the criteria for residential care, meaning an inappropriate Care Home placement with a potential loss of independence.
- Mrs B savings would only fund the private residential placement for 18 months to 2 years before the funding threshold was triggered.
- Mrs B had given in notice on her flat.

Mrs B received a period of Reablement with daily occupational support. A Financial Assessment took place and Extra Care housing schemes were discussed, viewed and applications made. Within 4 weeks of admission into the intermediate care placement Mrs B successfully moved into a housing support scheme, offering a spacious open space living area and a daily warden service. She continued to receive occupational therapy for a week after her move and was then discharged from the intermediate care service having settled into her new tenancy.

Mrs B maintained her independence with improved well-being and social interaction in a more appropriate living environment. She was also able to retain her financial independence as her savings were not unnecessarily depleted. Mrs B and her family said they would never have known such an option existed.

Case Study 3

Alzheimer's Society Case Study

Mrs X does not receive any services so mainly spends time with her husband or her sister. Following the assessment Mrs X had said that she would like to go along to the gardening group at P&A in Mold. When I picked her up for the first session she said that she felt quite anxious and worried about going to the group. I sat and talked to her about the group and what we would be doing there and reassured her I would be with her throughout the session. Once there Mrs X was very sociable and joined in with the group. On the way back home she said that she really enjoyed the session and liked to meet new people.

On our second session at the gardening group Mrs X seemed much more settled and relaxed. She was quite chatty with other members of the group and me. When we got back home Mrs X was giggling and telling her husband how much she enjoyed going to the group. Her husband commented on how she had returned to the house in a much happier mood.